

I need to get started with planning my career

Take some time to answer the following questions to help you get started with planning your career.

What do you enjoy doing - think about your hobbies, what you do in your free time, school subjects, extramural activities

What do you do really well? Think broadly and remember to include everyday activities (for example, fixing computers).

What are your life values (the things that are important to you?)

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Which occupations have you identified that are related to your interests, skills and values?

What have you found out about these occupations?

If you have identified some options, do you know what study options would be relevant to these occupations?

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How do you usually make decisions (think about a recent decision you made to help you)

What are you currently thinking you will do after completing grade 12 (work, travel, study, volunteer)?

What do you think the impact of your career choice would be on you family and other important people in your life?

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If you are thinking of continuing your education, what are the areas you need to develop so that you could be a successful student?

With who have you discussed your plans after school?

What research have you done about different occupations related to your interests, skills and values?

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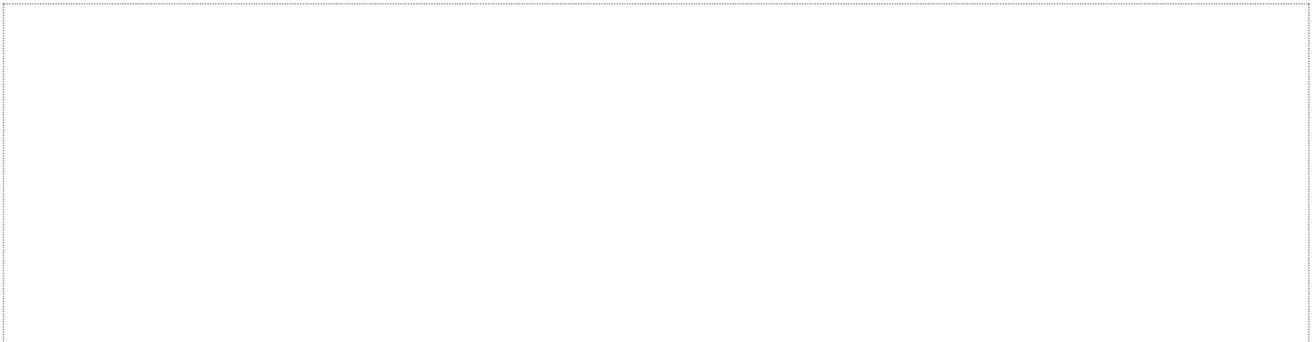
If you are currently struggling to make a choice in terms of your next step after grade 12, have you thought about what makes it difficult for you to make this decision now?

What do you think you need in order to make a decision about your next step?

What support do you need in order to make a choice in terms of your next step?

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Who do you need to talk to so that you could make a choice in terms of your next step?



What next?

- I need to learn more about planning my career: <http://bit.ly/2pVA1yq>

Talk to us

- E-mail: counselling@unisa.ac.za
- Ask a counsellor: <http://bit.ly/2fN7VBE>