

MULTIPLE INTELLIGENCES: Part 2

Directorate:
Counselling and
Career
Development
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Define tomorrow.

UNISA



AIM

Introduction to incorporating
Multiple Intelligence into ways that
may assist with learning better



MULTIPLE INTELLIGENCES

Dr. Howard Gardner (1983, 1999)

Proposes 8 different intelligences

Accounts for a broad range of human potential

Everyone has all intelligences - present in varying combinations

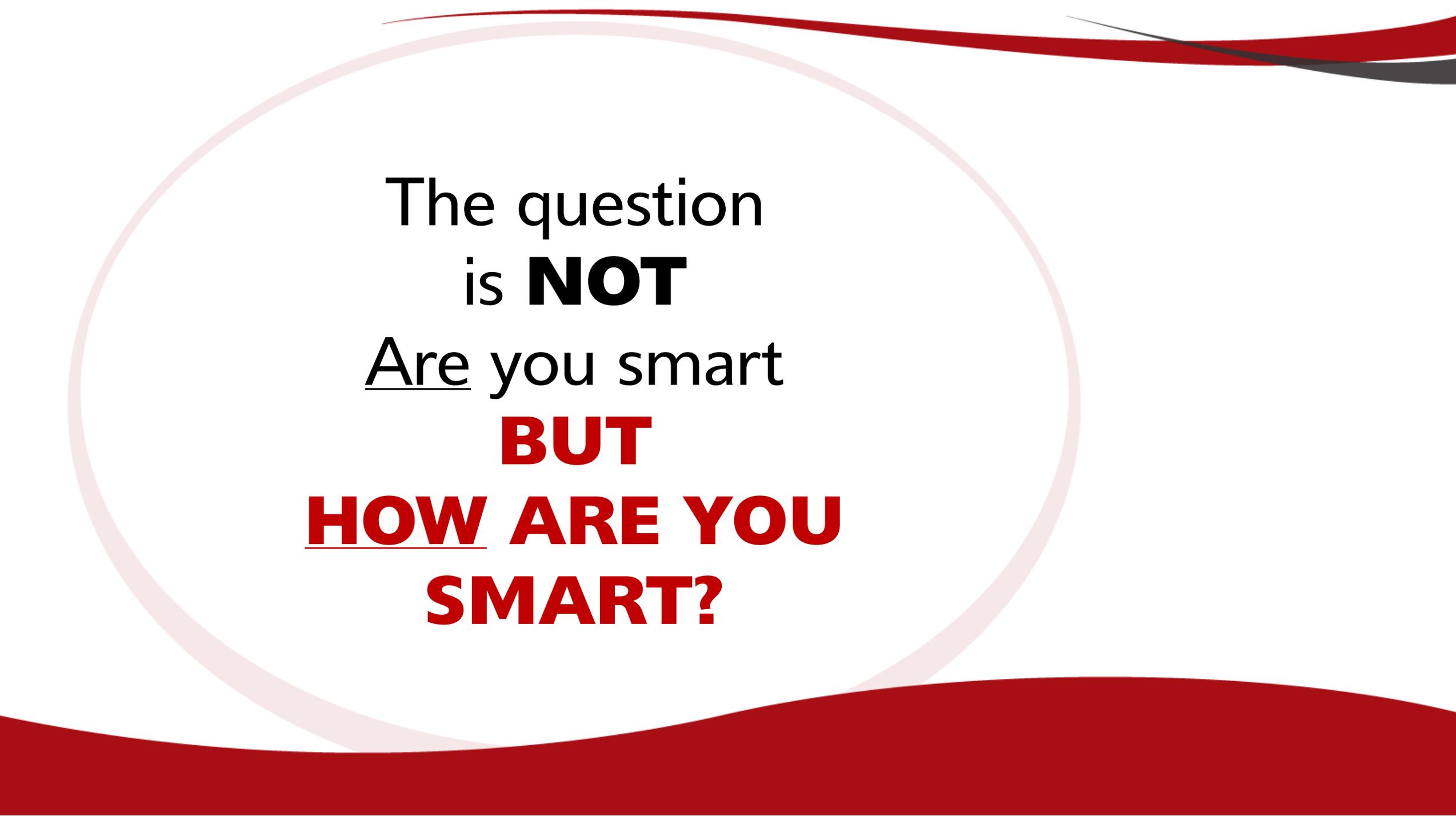
No two individuals exhibit precisely the same profile – marvelous versatility and diversity

YOUR MARVELOUS BRAIN

- Limitless capacity for storing information
- Intelligence - not static
- Don't use the capacity with which we are naturally endowed with
- Tap into more of our brains' potential

Further reading: search for information online about neuroplasticity of the brain)





The question
is **NOT**
Are you smart
BUT
HOW ARE YOU
SMART?

8 INTELLIGENCES:



Music Smart
(Musical)



Word Smart
(Linguistic)



Body Smart
(Bodily-
Kinesthetic)



Picture Smart
(Spatial/
Visual)



People Smart
(Interpersonal)



Self Smart
(Intrapersonal)



Nature Smart
(Naturalist)



Number Smart
(Logical/
Mathematical)

LINGUISTIC



Build memory through words

If you have strong linguistic intelligence you might learn better by

Reading

Memorizing

Making up rhymes, puns – play with words

Express or explain yourself in writing

Discussions or debates about a topic

Tell stories about what you have learnt – explain to others

Ask questions

VISUAL SPATIAL



Build memory through abstract language and imagery

If you have strong spatial intelligence you might learn better by

Watching pictures, videos

Using visual, tangible aids

Solving puzzles

Think in pictures

Visualize the details

Learn from seeing and doing – hands on activities

Recognize “faces”

BODILY/ KINESTHETIC



Build memory through movement

If you have strong bodily/ kinesthetic intelligence you might learn better by

Role plays and drama

Constructing physical examples

Exercising while revising

Stretch regularly

Approach studies physically

Chew gum or play with an object like an elastic or Prestik?

Pace while studying – move while thinking

Need to touch, feel, move things around, experience what you are learning

MUSICAL



Build memory through rhythm and intuition

If you have strong musical intelligence you might learn better by

- Listening to recordings
- Talking to yourself when studying
- Reading aloud
- Mentally repeating information
- Making up songs
- Change rhythm and tone

INTER- PERSONAL



Build memory through bouncing ideas of other people

If you have strong interpersonal intelligence you might learn better by

Study groups

Comparing information with others

Interviewing experts

Relating personal experiences

Being a team player – team effort

Doing cooperative or collaborative projects

INTRA- PERSONAL

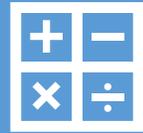


*Build memory through
introspection and reflection*

If you have strong intrapersonal intelligence you might learn better by

- Avoiding distractions
- Establishing personal goals
- Setting own pace
- Working alone
- Self assessment strategies
- Relating personal experiences
- Journal writing
- Time for relaxation

LOGICAL/ MATHEMATICAL



Build memory through reasoning

If you have strong logical-mathematical intelligence you might learn better by

Recording information systematically

Setting up experiments (“What if...?”)

Analyzing data

Reason things out

Calculate and process logical problems mentally

Asking logical questions

Theories about how things work

NATURALISTIC



**If you have strong naturalistic intelligence you
might learn better by**

Studying outdoors

Learning in the presence of plants & pets

Relating environmental issues to topics

REFERENCE LIST

- Gardner, H. (1983). *Frames of mind: The theory of multiple intelligences*. New York: Basic.
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- Leaf, C.M. (2009). *The gift in you – discover new life through gifts hidden in your mind*. Texas, USA: Inprov, Inc

Contact us

We are available by e-mail:

- Send an e-mail to counselling@unisa.ac.za should you need to discuss any needs you may have in terms of further support.

Visit our website

For more resources like these, visit our website:

www.unisa.ac.za/counselling

Thank you

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